

CMSA quarterly conference

Company: Braille Institute of America

6974 Brockton Ave. Suite 100, Riverside, CA 92506

(951) 282-0763 fgpefley@brailleinstitute.org

Contact: Frank Pefley, Regional Manager

Title: Low Vision Wellness

Goal: Participants will learn how to continue to live independent, fulfilling lives with vision loss.

Objectives: 1) Learn strategies to cope with sight loss. 2) Obtain resources for assistance with independent living skills. 3) How to stay connected via computer, smart phone and tablet adaptive technologies.

Abstract: Low Vision Wellness for those with Macular Degeneration, Glaucoma, Diabetic Retinopathy providing valuable information and resources to help to learn more about the aging eye and its impacts on daily living.

Presenter: Frank Pefley, Regional Manager.

CV: Frank Pefley is the Regional Manager at the Braille Institute, working from the new Riverside Satellite campus. He is responsible for all organizational services for Riverside and portions of the San Bernardino counties. Services include seminars, daily classes, health fairs, participation in community organization and speaking engagements, Low Vision consultations, Orientation and Mobility training and In-Home services. Prior to joining Braille Institute, Frank was a Situational Assessor and Job Developer for Valley Resource Center, in conjunction with the Department of Rehabilitation and Inland Regional Center. He has over 30 years working with individuals with disabilities. He has a Bachelor of Arts degree from California Lutheran University and Masters of Science from National University. Frank was also a Special Education teacher for 15 years and high school and college football, basketball and track coach for 25 years.

Braille Institute is a nonprofit organization that embraces the challenge of sight loss in all its facets and rejects its perceived limitations, with the belief that vision rehabilitation is a beginning, not an end.